

HELP TO MAKE AUSTWICK SAFER

- ◆ **KNOWING HOW TO DO 'C.P.R.' MEANS YOU COULD SAVE A LIFE IF SOMEONE HAS A CARDIAC ARREST**

- ◆ **WOULD YOU LIKE TO KNOW WHAT A DEFIBRILLATOR DOES AND SEE HOW IT WORKS?**

and separately

- ◆ **MORE LOCAL 'COMMUNITY FIRST RESPONDERS' ARE NEEDED FOR MEDICAL EMERGENCIES**

We have invited experts on these topics to come to explain to us what is involved:

AUSTWICK PARISH HALL

AT 11.00 A.M.

SATURDAY 2ND FEBRUARY 2019

EVERYONE PLEASE COME ALONG TO THIS SHORT MEETING, WITH NO OBLIGATION, TO HEAR MORE ABOUT THESE OPPORTUNITIES